

#	Width	Pos.No.	F#	Variable
Upbringing & Education				
1	6	1-6		"Lopnumber"
2	2	7-8		
3	1	9-9	F1	Place of residence for first 7 yrs.of life (1=Sweden, 2=Finland, 3= Norway, 4=Denmark, 5= Other)
4	2	10-11	F2	Number of years of education
5	2	12-13	F3	Age of Mother at your birth (year)
6	1	14-14	F3	1= don't know mother's age at your birth
7	2	15-16	F4	Number of siblings
8	2	17-18	F5	Number of siblings born before you
9	1	19-19	F6	Do you have a twin brother or sister? (1= yes, 2=no)
Menstruation Questions				
10	2	20-21	F7	Age at menarche
11	1	22-22	F8	How long before you had regular cycles? (1=less than 1 yr, 2=1-3 years, 3=more than 3 yrs, 4=never, 5=don't know)
12	2	23-24	F9	Number of days in cycle at age 18 (Count from day1 of one cycle to next day 1)
13	1	25-25	F9	At age 18. 1= don't know # days in cycle, 2= irregular cycles
14	2	26-27	F9	Number of days in cycle at age 30
15	1	28-28	F9	At age 30, 1= don't know # days in cycle, 2= irregular cycles
16	1	29-29	F10	Has menstruation ever stopped in the past? (1= Yes, 2= No; if no, goto F12)
17	1	30-30	F11	Mens. stopped because of: stopped eating (1= no, 2 = yes)
18	2	31-32	F11	for how long did it stop?
19	1	33-33	F11	Mens. stopped because of: dieting
20	2	34-35	F11	for how long did it stop?
21	1	36-36	F11	Mens. stopped because of: Oral Contraceptive use
22	2	37-38	F11	for how long did it stop?
23	1	39-39	F11	Mens. stopped because of: work stress
24	2	40-41	F11	for how long did it stop?
25	1	42-42	F11	Mens. stopped because of: physical exercise
26	2	43-44	F11	for how long did it stop?
27	1	45-45	F11	Mens. stopped because of: other reason
28	2	46-47	F11	for how long did it stop?
29	1	48-48	F12	Is menstruation regular now? (1=yes, 2=no, it is irregular, 3=no, due pregnancy, 4=no, menstruation has stopped for more than six months).
30	1	49-49	F13	1. Mens. has currently stopped because: natural causes
31	1	50-50	F13	2. Mens. has currently stopped because: removal of ovaries
32	1	51-51	F13	3. Mens. has currently stopped because: removal of uterus
33	1	52-52	F13	4. Don't know
34	2	53-54	F14	If it has stopped, how long has it been?
Menopause				
35	1	55-55	F15	Have you had menopause yet? (1=yes, 2= no; if no goto F19)
36	1	56-56	F16	Did you use hormone treatment for menopause? (1= yes, 2= no, 3= ; if 2 or 3 goto F19)
37	2	57-58	F17	How old were you when you started hormone treatment? (age)
38	3	59-61	F18	How long have you taken hormones for menopause? (months)

Pregnancies

39	1	62-62	F19	Have you ever been pregnant? 1=yes, 2=no, 3=; if no goto F23
40	2	63-64	F20	Child 1: year of birth
41	2	65-66	F20	Child 1: months breastfed
42	2	67-68	F20	Child 1: weight change during pregnancy (kg)
43	2	69-70	F20	Child 2: year of birth
44	2	71-72	F20	Child 2: months breastfed
45	2	73-74	F20	Child 2: weight change during pregnancy (kg)
46	2	75-76	F20	Child 3: year of birth
47	2	77-78	F20	Child 3: months breastfed
48	2	79-80	F20	Child 3: weight change during pregnancy (kg)
49	2	81-82	F20	Child 4: year of birth
50	2	83-84	F20	Child 4: months breastfed
51	2	85-86	F20	Child 4: weight change during pregnancy (kg)
52	2	87-88	F20	Child 5: year of birth
53	2	89-90	F20	Child 5: months breastfed
54	2	91-92	F20	Child 5: weight change during pregnancy (kg)
55	2	93-94	F20	Child 6: year of birth
56	2	95-96	F20	Child 6: months breastfed
57	2	97-98	F20	Child 6: weight change during pregnancy (kg)
58	2	99-100	F20	Child 7: year of birth
59	2	101-102	F20	Child 7: months breastfed
60	2	103-104	F20	Child 7: weight change during pregnancy (kg)
61	1	105-105	F21	Had a pregnancy lasted < 6 months? (1=yes, 2=no)
62	1	106-106	F22	Had an ectopic pregnancy? (1=yes, 2=no)
63	1	107-107	F23	Have you ever tried to become pregnant during a period of 1 yr. or more without success? (1=yes, 2=no; if no goto F26)
64	2	108-109	F24	If F23 yes: how old were you at the time? (yr)
65	2	110-111	F25	If F23 yes: how long was that period of time?

Oral Contraceptive Usage

66	1	112-112	F26	Have you ever used OC ? (1=yes, 2=no; if no goto F34)
67	2	113-114	F27	How long have you used them (total time)?
68	2	115-116	F28	How old were you when you first used them?
69	1	117-117	F29	If you have children, did you used them before the birth of the first child? (1=yes, 2= no)
70	1	118-118	F30	Do you use OC's now? (1=yes, 2= no)
71	1	119-119	F31	Have you ever used OC's for a reason other than to prevent pregnancy? (1=yes, 2=no)
72	1	120-120	F32	Has a doctor ever recommended that you stop using OC's for medical purposes? (1=yes, 2=no)

F33 asks about the usage of different OC's at different times of life (up to 10 different periods)

73	2	121-122	F33	1. Age
74	2	123-124	F33	1. Duration of use: yr
75	2	125-126	F33	1. Duration of use. month
76	2	127-128	F33	1. OC name and number (from chart)
77	2	129-130	F33	2. Age
78	2	131-132	F33	2. Duration of use: yr
79	2	133-134	F33	2. Duration of use. month
80	2	135-136	F33	2. OC name and number (from chart)
81	2	137-138	F33	3. Age
82	2	139-140	F33	3. Duration of use: yr
83	2	141-142	F33	3. Duration of use. month
84	2	143-144	F33	3. OC name and number (from chart)
85	2	145-146	F33	4. Age
86	2	147-148	F33	4. Duration of use: yr

87	2	149-150 F33	4. Duration of use. month
88	2	151-152 F33	4. OC name and number (from chart)
89	2	153-154 F33	5. Age
90	2	155-156 F33	5. Duration of use: yr
91	2	157-158 F33	5. Duration of use. month
92	2	159-160 F33	5. OC name and number (from chart)
93	2	161-162 F33	6. Age
94	2	163-164 F33	6. Duration of use: yr
95	2	165-166 F33	6. Duration of use. month
96	2	167-168 F33	6. OC name and number (from chart)
97	2	169-170 F33	7. Age
98	2	171-172 F33	7. Duration of use: yr
99	2	173-174 F33	7. Duration of use. month
100	2	175-176 F33	7. OC name and number (from chart)
101	2	177-178 F33	8. Age
102	2	179-180 F33	8. Duration of use: yr
103	2	181-182 F33	8. Duration of use. month
104	2	183-184 F33	8. OC name and number (from chart)
105	2	185-186 F33	9. Age
106	2	187-188 F33	9. Duration of use: yr
107	2	189-190 F33	9. Duration of use. month
108	2	191-192 F33	9. OC name and number (from chart)
109	2	193-194 F33	10. Age
110	2	195-196 F33	10. Duration of use: yr
111	2	197-198 F33	10. Duration of use. month
112	2	199-200 F33	10. OC name and number (from chart)

Other contraceptive usage

113	1	201-201 F34	Use condoms: 1= never, 2= sometimes, 3= often 4= always
114	2	202-203 F34	# years used comdoms
115	1	204-204 F34	Use Diaphragm: 1= never, 2=sometimes, 3= often, 4=always
116	2	205-206 F34	# years used diaphragm
117	1	207-207 F35	Do you now, or have you ever, used an IUD? (1=yes, 2=no, if no goto F38)
118	2	208-209 F36	Age when had an IUD
119	2	210-211 F37	Total number of years used IUD

Disease History

120	1	212-212 F38	High Blood Pressure: 1=yes, 2=no
121	2	213-214 F38	High Blood Pressure: age at diagnosis
122	1	215-215 F38	Diabetes: 1=yes, 2= no
123	2	216-217 F38	Diabetes: age at diagnosis
124	1	218-218 F38	Blood Clots (extremities): 1=yes, 2=no
125	2	219-220 F38	Blood Clots(extremities): age at diagnosis
126	1	221-221 F38	Blood Clots (Brain): 1= yes, 2= no
127	2	222-223 F38	Blood Clots (brain): age at diagnosis
128	1	224-224 F38	Heart Attack: 1= yes, 2= no
129	2	225-226 F38	Heart Attack: age at diagnosis
130	1	227-227 F38	Rheumatoid Arthritis: 1= yes, 2= no
131	2	228-229 F38	age at diagnosis
132	1	230-230 F38	Crohn's Disease
133	2	231-232 F38	age at diagnosis
134	1	233-233 F38	Ulcerative Colitis
135	2	234-235 F38	age at diagnosis
136	1	236-236 F38	Psoriasis
137	2	237-238 F38	age at diagnosis
138	1	239-239 F38	Multiple Sclerosis

139	2	240-241 F38	age at diagnosis
140	1	242-242 F38	Cancer
141	2	243-244 F38	age at diagnosis
142	1	245-245 F39	Seen a doctor for a benign lump or cyst in the breast: 1= yes,
		2= no	
143	1	246-246 F40	Have had an operation for lump, tumor, or cyst in the breast:
		1=no, goto F43. 2= yes	
144	2	247-248 F41	Year of last operation for lump, tumor, or cyst in breast

Allergies

145	1	249-249 F43	Eczema 1= yes, 2= no
146	2	250-251 F43	Eczema: age started
147	1	252-252 F43	Hayfever 1= yes, 2= no
148	2	253-254 F43	Hayfever: age started
149	1	255-255 F43	Asthma 1= yes, 2= no
150	2	256-257 F43	Asthma: age started
151	1	258-258 F44	Allergic to: gluten (1= yes, 2= no)
152	1	259-259 F44	Allergic to: other food (1= yes, 2= no)
153	1	260-260 F44	Allergic to: pollen (1= yes, 2= no)
154	1	261-261 F44	Allergic to: animals (1= yes, 2= no)
155	1	262-262 F44	Allergic to: other (1= yes, 2= no)
156	1	263-263 F45	Personal assessment of health: 1= very good, 2= good, 3 =poor, 4= very poor

Family History of Cancer

157	7	264-270 F46	Siblings: For F46, the possible positions for cancer in a relative are 1= yes, 2= don't know, 3= yes, breast cancer, 4= yes, stomach/intestinal cancer, 5= yes, uterine cancer, 6= yes, malignant melanoma, 7= yes, other cancer
158	7	271-277 F46	Mother
159	7	278-284 F46	Father
160	7	285-291 F46	Mother's Siblings
161	7	292-298 F46	Father's Siblings
162	7	299-305 F46	Maternal Grandmother
163	7	306-312 F46	Maternal Grandfather
164	7	313-319 F46	Paternal Grandmother
165	7	320-326 F46	Paternal Grandfather
166	1	327-327 F47	Have any relatives had cancer before the age of 45? (1= yes, 2= no, 3= don't know)
167	2	328-329 F48	How many siblings did your mother have? (#)
168	1	330-330 F48	# of mother's siblings: 1= don't know
169	2	331-332 F48	How many siblings did your father have? (#)
170	1	333-333 F48	# of <i>father's</i> siblings: 1= don't know

Screening for Breast/Reproductive Cancers

171	1	334-334 F49	How often do you perform breast self-exams? 1=never, 2=sometimes/irregularly, 3= regularly
172	1	335-335 F50	Do you regularly go for mammography screenings? 1= no, 2= yes, with more than 2 yrs. between visits, 3= yes, with less than 2 yrs. between visits.
173	1	336-336 F51	Do you routinely go for gynecological check-ups? 1= never, 2= yes, with more than 3 yrs. between visits 3 = yes, with less than 3 years between visits

Anthropometric Measurement Questions

174	1	337-337 F52	Weight at Birth: 1= less than 2,500g, 2= 2,500-3,00 g, 3= more than 3,000g, 4= don't know
175	3	338-340 F53	Present Height (cm)
176	3	341-343 F54	Present weight (kg)
177	3	344-346 F55	Waist Circumference (cm)
178	3	347-349 F56	Hip Circumference (cm)
179	3	350-352 F57	Weight at age 18 (kg)
180	2	353-354 F58	How many times have you lost more than 5 kg? (#)
181	1	355-355 F59	When you were in first grade, were you: 1= very thin 2= thin 3= normal 4= fat 5= very fat

Smoking Habits

182	1	356-356 F60	Have you ever smoked regularly?(1=yes, 2=no; if no, goto F62) For F61, check the number of cigarettes smoked daily, when you were different ages
183	1	357-357 F61	Age 10-14: # cigarettes smoked daily was: 1= none, 2= 1-4 cigs, 3= 5-9 cigs, 4= 10-14 cigs, 5=15-19 cigs, 6= 20-24 cigs, 7= 25+ cigs
184	1	358-358 F61	Age 15-19: # cigs smoked daily was: (use code from above)
185	1	359-359 F61	Age 20-24: (use code from above)
186	1	360-360 F61	Age 25-29: (use code from above)
187	1	361-361 F61	Age 30-34: (use code from above)
188	1	362-362 F61	Age 35-39: (use code from above)
189	1	363-363 F61	Age 40-44: (use code from above)
190	1	364-364 F61	Age 45-49: (use code from above)
191	1	365-365 F62	Do you live with someone who smokes at home? (1=yes, 2= no; if no goto F66)
192	3	366-368 F63	How many cigs. does this person smoke per day? (#/day)
193	1	369-369 F64	Did anyone smoke at home when you were a child? (1=yes, 2= no; if no goto F66)
194	1	370-370 F65	1. Father smoked in home
195	1	371-371 F65	2. Mother smoked in home
196	1	372-372 F65	3. Others smoked at home

Physical Activity

197	1	373-373 F66	Rating physical activity at age 14: (1= very low, 2= low, 3= normal, 4= high, 5= very high)
198	1	374-374 F66	Rating of physical activity at age 30: (use above code)
199	1	375-375 F66	Rating of physical activity currently: (use above code)
200	1	376-376 F67	Have you every competed in a sport?(1=yes, 2=no; if no goto F69)
201	2	377-378 F68	How many years did you compcte? (# yrs.)

Personal Descriptors

202	1	379-379 F69	Hair Color: 1= dark brown/black, 2=light brown, 3=blonde, 4=red
203	1	380-380 F70	Eye Color: 1=brown, 2= grey/green, 3= blue
204	1	381-381 F71	Do you have freckles on your arms (1= no, 2= yes a few, 3= yes many)
205	1	382-382 F72	How does your skin react to the sun at the beginning of the summer? 1. becomes brown, w/o turning red 2. becomes red 3. becomes red and sunburnt 4. sunburns with blisters
206	1	383-383 F72	
207	1	384-384 F72	
208	1	385-385 F72	
209	1	386-386 F73	How does your skin react after lengthy sun exposure? 1. turns dark brown 2. turns brown 3. turns light brown 4. never gets brown
210	1	387-387 F73	
211	1	388-388 F73	
212	1	389-389 F73	
213	1	390-390 F74	1. Never usc sunblock
214	1	391-391 F74	2. Use sunblock infrequently/irregularly
215	1	392-392 F74	3. Use sunblock about half of the time
216	1	393-393 F74	4. Almost always use sunblock
217	1	394-394 F75	Number of dysplantic nevi (use pictures in book) 1= none, 2= one nevi, 3= 2-3 nevi, 4= 4-6 nevi, 5= 7-12 nevi, 6= 13-24 nevi, 7=25+ nevi
218	1	395-395 F76	During different ages, how many times did you get sunburnt with peeling skin? 1= never, 2= once, 3= 2-3 times, 4= 4-5 times, 5= 6+ times Age 10-19: # of times burnt (use above code) Age 20-29 Age 30-39 Age 40-49
219	1	396-396 F76	
220	1	397-397 F76	
221	1	398-398 F76	
222	1	399-399 F77	At different ages, how many weeks do you take a vacation at the beach, per year? 1= never, 2= 1 week, 3= 2-3 weeks, 4=4-6 weeks, 5= 7+ weeks Weeks @ Beach/yr at age 10-19 Weeks @ Beach/yr at age 20-29 Weeks @ Beach/yr at age 30-39 Weeks @ Beach/yr at age 40-49
223	1	400-400 F77	
224	1	401-401 F77	
225	1	402-402 F77	
226	1	403-403 F78	Number of times you go to the Solarium each month, at different ages: 1=never, 2= rarely, 3= once, 4= twice, 5= 3-4 times, 6= 5 times + visits/month before age 10 visits/month at age 10-19 visits/month at age 20-29 visits/month at age 30-39 visits/month at age 40-49
227	1	404-404 F78	
228	1	405-405 F78	
229	1	406-406 F78	
230	1	407-407 F78	

Food Frequency Questions

231	2	408-409 F79	What type and how much milk do you drink per day or per week, including milk used in "kram", coffee or tea? Light milk (.5% fat or less): # glasses/day
232	2	410-411 F79	Light milk: # glasses/week
233	2	412-413 F79	Medium milk (1.5% fat): # glasses/day
234	2	414-415 F79	Medium milk: # glasses/week
235	2	416-417 F79	Standard milk (3% fat?): # glasses/day
236	2	418-419 F79	Standard milk: # glasses/week
237	2	420-421 F79	"Filmjolk/yoghurt/kefir": glasses/day
238	2	422-423 F79	"Filmjolk/yoghurt/kefir": glasses/week
239	2	424-425 F79	"Lattfil/lattiyoghurt": glasses/day
240	2	426-427 F79	"Lattfil/lattiyoghurt": glasses/week
241	1	428-428 F79	1= I hardly ever drink or use milk
242	2	429-430 F80	White bread: slices/day
243	3	431-433 F80	Wheat bread: slices/week
244	2	434-435 F80	Whole grain bread: slices/day
245	3	436-438 F80	Whole grain bread: slices/week
246	2	439-440 F80	Sweet bread/rusks: slices/day
247	3	441-443 F80	Sweet bread/rusks: slices/week
248	2	444-445 F80	Crisp bread: slices/day
249	3	446-448 F80	Crisp bread: slices/week
250	2	449-450 F81	How many 'open sandwiches' with butter or margarine do you eat slices/day
251	3	451-453 F81	Open sandwiches: slices/week
252	1	454-454 F82	Type of fat used on bread (=1) and in cooking (=2), both = 3 Butter
253	1	455-455 F82	Bregott (Butter/margarine mixture)
254	1	456-456 F82	Table margarine (soft from fridge)
255	1	457-457 F82	Low-fat margarine
256	1	458-458 F82	Margarine (hard from fridge)
257	1	459-459 F82	Cooking oil
258	1	460-460 F82	Canola oil
259	1	461-461 F82	Olive oil
260	1	462-462 F82	I don't use fat in cooking (1=yes)
261	1	463-463 F82	I don't use fat on my sandwiches (1=yes) if yes go to F84
262	1	464-464 F83	How thick do you butter your bread (1=fairly thick, 2=thin, 3=very thin)
263	2	465-466 F84	How often do you eat the following kinds of cheese, and how much do you eat (number slices/tablespoons) Amt regular cheese/day
264	3	467-469 F84	Amt regular cheese/week
265	2	470-471 F84	Low fat cheese/day
266	3	472-474 F84	Low fat cheese/week
267	2	475-476 F84	Dessert cheese /day
268	3	477-479 F84	Dessert cheese /week
269	2	480-481 F84	Processed cheese/day
270	3	482-484 F84	Processed cheese/week
271	2	485-486 F84	Low fat processed cheese/day
272	3	487-489 F84	Low fat processed cheese/week
273	2	490-491 F84	Cottage cheese/day
274	3	492-494 F84	Cottage cheese/week
275	1	495-495 F84	I eat cheese infrequently or not at all
276	2	496-497 F85	Number of cups (1 cup = 150 ml) of coffee/day
277	3	498-500 F85	Cups of coffee/week
278	1	501-501 F85	I drink coffee seldom or not at all
279	2	502-503 F86	How much alcohol do you drink per week, month, or year? Class II beer, glasses (200 ml) /week

V.1110% öl

I 1.8

II 2.8

III 4.5

Shirkeren

18-29

15-22

280	3	504-506 F86	Class II beer, glasses/month
281	4	507-510 F86	Class II beer, glasses/year
282	2	511-512 F86	Class III beer, glasses (200 ml)/week
283	3	513-515 F86	Class III beer, glasses/month
284	4	516-519 F86	Class III beer, glasses/year
285	2	520-521 F86	Wine, glasses (100 ml)/week
286	3	522-524 F86	Wine, glasses/month
287	4	525-528 F86	Wine, glasses/year
288	2	529-530 F86	Fortified wine, glasses (40 ml)/week
289	3	531-533 F86	Fortified wine, glasses/month
290	4	534-537 F86	Fortified wine, glasses/year
291	2	538-539 F86	Distilled spirits, glasses (20 ml)/week
292	3	540-542 F86	Distilled spirits, glasses/month
293	4	543-546 F86	Distilled spirits, glasses/year
294	1	547-547 F86	I drink alcoholic beverages seldom or not at all
295	1	548-548 F87	What do you do with the fat on your meat and the skin on your chicken and other poultry?

(1=eat all, 2=eat some, 3=cut off as much as possible)

Question 88 is a food frequency table listing a number of different food items. Possible answers to the 'How often' question are:

- | | |
|------------------|-------------------|
| 1=seldom, never | 2=1-3 times/month |
| 3=1/week | 4=twice/week |
| 5=3-4 times/week | 6=5-6 times/week |
| 7=once/day | 8=twice/day |
| 9=3 times/day | |

Possible answers to the 'How much' question are:

- 1= small
- 2= medium
- 3= large

The size of the medium portion is indicated for each food item in parentheses.

296	1	549-549 F88	Oatmeal porridge	HOW OFTEN?
297	1	550-550 F88	(250 ml)	HOW MUCH?
298	1	551-551 F88	Other porridge, gruel	HOW OFTEN?
299	1	552-552 F88	(250 ml)	HOW MUCH?
300	1	553-553 F88	Dry cereal /musli	HOW OFTEN?
301	1	554-554 F88	(200 ml)	HOW MUCH?
302	1	555-555 F88	Spaghetti/macaroni	HOW OFTEN?
303	1	556-556 F88	(200 ml)	HOW MUCH?
304	1	557-557 F88	Rice	HOW OFTEN?
305	1	558-558 F88	(200 ml)	HOW MUCH?
306	1	559-559 F88	Wheat or Oat bran	HOW OFTEN?
307	1	560-560 F88	(1 tablespoon)	HOW MUCH?
308	1	561-561 F88	Cooked potatoes	HOW OFTEN?
309	1	562-562 F88	(2 potatoes or 200 ml)	HOW MUCH?
310	1	563-563 F88	Fried potatoes	HOW OFTEN?
311	1	564-564 F88	(200 ml)	HOW MUCH?
312	1	565-565 F88	Carrots	HOW OFTEN?
313	1	566-566 F88	(100 ml, 1 carrot)	HOW MUCH?
314	1	567-567 F88	Rutabagas/red beets	HOW OFTEN?
315	1	568-568 F88	(100 ml)	HOW MUCH?
316	1	569-569 F88	Sausage (sandwich meats)	HOW OFTEN?
317	1	570-570 F88	(2 slices)	HOW MUCH?
318	1	571-571 F88	Liver sausage	HOW OFTEN?
319	1	572-572 F88	(2 slices or tbs)	HOW MUCH?
320	1	573-573 F88	Sausage dishes (not sandwich)	HOW OFTEN?
321	1	574-574 F88	(100 g)	HOW MUCH?

322	1	575-575	F88	Pork (not ground)	HOW OFTEN?
323	1	576-576	F88	(100g)	HOW MUCH?
324	1	577-577	F88	Beef and calf (not ground)	HOW OFTEN?
325	1	578-578	F88	(100g)	HOW MUCH?
326	1	579-579	F88	Game (not ground)	HOW OFTEN?
327	1	580-580	F88	(100g)	HOW MUCH?
328	1	581-581	F88	Ground meat dishes	HOW OFTEN?
329	1	582-582	F88	(100g)	HOW MUCH?
330	1	583-583	F88	Chicken/other poultry	HOW OFTEN?
331	1	584-584	F88	(100g)	HOW MUCH?
332	1	585-585	F88	Liver/kidneys	HOW OFTEN?
333	1	586-586	F88	(100g)	HOW MUCH?
334	1	587-587	F88	Blood pudding/blood bread	HOW OFTEN?
335	1	588-588	F88	(100g)	HOW MUCH?
336	1	589-589	F88	Herring/baltic herring/mackerel	HOW OFTEN?
337	1	590-590	F88	(100g)	HOW MUCH?
338	1	591-591	F88	Salmon	HOW OFTEN?
339	1	592-592	F88	(100g)	HOW MUCH?
340	1	593-593	F88	Cod/pollock/pike	HOW OFTEN?
341	1	594-594	F88	(100g)	HOW MUCH?
342	1	595-595	F88	Caviar	HOW OFTEN?
343	1	596-596	F88	(1 tbs)	HOW MUCH?
344	1	597-597	F88	Shellfish (shrimp etc)	HOW OFTEN?
345	1	598-598	F88	(100 ml)	HOW MUCH?
346	1	599-599	F88	Egg/omelet	HOW OFTEN?
347	1	600-600	F88	(2 eggs)	HOW MUCH?
348	1	601-601	F88	Cabbage/red cabbage	HOW OFTEN?
349	1	602-602	F88	(100 ml)	HOW MUCH?
350	1	603-603	F88	Cauliflower	HOW OFTEN?
351	1	604-604	F88	100 ml)	HOW MUCH?
352	1	605-605	F88	Broccoli/brussel sprouts	HOW OFTEN?
353	1	606-606	F88	(100 ml)	HOW MUCH?
354	1	607-607	F88	Tomatoes	HOW OFTEN?
355	1	608-608	F88	(1 tomato)	HOW MUCH?
356	1	609-609	F88	Spinach/kale	HOW OFTEN?
357	1	610-610	F88	(100 ml)	HOW MUCH?
358	1	611-611	F88	Green peas	HOW OFTEN?
359	1	612-612	F88	(100 ml)	HOW MUCH?
360	1	613-613	F88	Pea soup/pea puree	HOW OFTEN?
361	1	614-614	F88	(250 ml)	HOW MUCH?
362	1	615-615	F88	Beans/soybeans/lentils	HOW OFTEN?
363	1	616-616	F88	(100 ml)	HOW MUCH?
364	1	617-617	F88	Onions/leeks	HOW OFTEN?
365	1	618-618	F88	(1 tbs)	HOW MUCH?
366	1	619-619	F88	Salad dressing with oil	HOW OFTEN?
367	1	620-620	F88	(1 tbs)	HOW MUCH?
368	1	621-621	F88	Mayonaise	HOW OFTEN?
369	1	622-622	F88	(1 tbs)	HOW MUCH?
370	1	623-623	F88	Cream/clotted cream	HOW OFTEN?
371	1	624-624	F88	(1 tbs)	HOW MUCH?
372	1	625-625	F88	Gravy/drippings	HOW OFTEN?
373	1	626-626	F88	(50 ml)	HOW MUCH?
374	1	627-627	F88	Oranges/citrus fruit	HOW OFTEN?
375	1	628-628	F88	(1 orange)	HOW MUCH?
376	1	629-629	F88	Apples/pears	HOW OFTEN?
377	1	630-630	F88	(1 fruit)	HOW MUCH?
378	1	631-631	F88	Bananas	HOW OFTEN?
379	1	632-632	F88	(1 banana)	HOW MUCH?

380	1	633-633	F88	Juice	HOW OFTEN?
381	1	634-634	F88	(100 ml)	HOW MUCH?
382	1	635-635	F88	Jam/marmelade/applesauce	HOW OFTEN?
383	1	636-636	F88	(1 tbs)	HOW MUCH?
384	1	637-637	F88	Fruit stew/fruit soup	HOW OFTEN?
385	1	638-638	F88	(200 ml)	HOW MUCH?
386	1	639-639	F88	Crepes/pancakes	HOW OFTEN?
387	1	640-640	F88	(1 portion	HOW MUCH?
388	1	641-641	F88	Sweet wheat bread	HOW OFTEN?
389	1	642-642	F88	(1 bun)	HOW MUCH?
390	1	643-643	F88	Danish pastry	HOW OFTEN?
391	1	644-644	F88	(1 pastry)	HOW MUCH?
392	1	645-645	F88	Biscuits/crackers	HOW OFTEN?
393	1	646-646	F88	(1 biscuit)	HOW MUCH?
394	1	647-647	F88	Cookies	HOW OFTEN?
395	1	648-648	F88	(1 cookie)	HOW MUCH?
396	1	649-649	F88	Cream filled cakes/confections	HOW OFTEN?
397	1	650-650	F88	(1 piece)	HOW MUCH?
398	1	651-651	F88	Chocolate	HOW OFTEN?
399	1	652-652	F88	(50 g)	HOW MUCH?
400	1	653-653	F88	Ice cream	HOW OFTEN?
401	1	654-654	F88	(200 ml)	HOW MUCH?
402	1	655-655	F88	Sugar honeyocker	HOW OFTEN?
403	1	656-656	F88	(2 tsp)	HOW MUCH?
404	1	657-657	F88	Potato chips/popcorn	HOW OFTEN?
405	1	658-658	F88	(200 ml)	HOW MUCH?
406	1	659-659	F88	Nuts/almonds	HOW OFTEN?
407	1	660-660	F88	(10 nuts)	HOW MUCH?
408	1	661-661	F88	Tea	HOW OFTEN?
409	1	662-662	F88	(1 cup-250 ml)	HOW MUCH?
410	1	663-663	F88	Fruit syrup drinks/soft drinks	HOW OFTEN?
411	1	664-664	F88	(1 glass)	HOW MUCH?
412	1	665-665	F88	Light beer(class 1)	HOW OFTEN?
413	1	666-666	F88	(1 glass)	HOW MUCH?

Question 89 asked how often fried food was eaten:

414	2	667-668	F89	Meat	times /week
415	2	669-670	F89	Meat	times/month
416	1	671-671	F89	Meat	seldom/never
417	2	672-673	F89	Sausage	times/week
418	2	674-675	F89	Sausage	times/month
419	1	676-676	F89	Sausage	seldom/never
420	2	677-678	F89	Fish	times/week
421	2	679-680	F89	Fish	times/month
422	1	681-681	F89	Fish	seldom/never
423	2	682-683	F89	Egg/omelet	times/week
424	2	684-685	F89	Egg/omelet	times/month
425	1	686-686	F89	Egg/omelet	seldom/never
426	1	687-687	F90	How hard fried is the food you usually eat? "1=hard,2=medium or 3=light"	

Question 91 asked how often the following were eaten"

427	2	688-689	F91	Fruit and berries	times/week
428	2	690-691	F91	Fruit and berries	times/month
429	1	692-692	F91	Fruit and berries	seldom/never
430	2	693-694	F91	Vegetables	times/week

431	2	695-696 F91	Vegetables	times/month
432	1	697-697 F91	Vegetables	seldom/never
433	2	698-699 F91	Meat and sausage	times/week
434	2	700-701 F91	Meat and sausage	times/month
435	1	702-702 F91	Meat and sausage	seldom/never
436	2	703-704 F91	Fish	times/week
437	2	705-706 F91	Fish	times/month
438	1	707-707 F91	Fish	seldom/never
439	2	708-709 F91	Fat in food preparation	times/week
440	2	710-711 F91	Fat in food preparation	times/month
441	1	712-712 F91	Fat in food preparation	seldom/never
442	1	713-713 F92	Do you use vitamins, minerals or food supplements? 1=yes, 2 = no	
443	15	714-728 F93	Multivitamin	Name
444	2	729-730 F93	Multivitamin	Number tablets/caps per week
445	2	731-732 F93	Multivitamin	Number weeks/year
446	15	733-747 F93	Vitamin C	Name
447	2	748-749 F93	Vitamin C	Number tablets/caps per week
448	2	750-751 F93	Vitamin C	Number weeks/year
449	15	752-766 F93	Vitamin A	Name
450	2	767-768 F93	Vitamin A	Number tablets/caps per week
451	2	769-770 F93	Vitamin A	Number weeks/year
452	15	771-785 F93	Vitamin E	Name
453	2	786-787 F93	Vitamin E	Number tablets/caps per week
454	2	788-789 F93	Vitamin E	Number weeks/year
455	15	790-804 F93	B-vitamins	Name
456	2	805-806 F93	B-vitamins	Number tablets/caps per week
457	2	807-808 F93	B-vitamins	Number weeks/year
458	15	809-823 F93	Kalcium	Name
459	2	824-825 F93	Kalcium	Number tablets/caps per week
460	2	826-827 F93	Kalcium	Number weeks/year
461	15	828-842 F93	Magnesium	Name
462	2	843-844 F93	Magnesium	Number tablets/caps per week
463	2	845-846 F93	Magnesium	Number weeks/year
464	15	847-861 F93	Selenium	Name
465	2	862-863 F93	Selenium	Number tablets/caps per week
466	2	864-865 F93	Selenium	Number weeks/year
467	15	866-880 F93	Zinc	Name
468	2	881-882 F93	Zinc	Number tablets/caps per week
469	2	883-884 F93	Zinc	Number weeks/year
470	15	885-899 F93	Iron	Name
471	2	900-901 F93	Iron	Number tablets/caps per week
472	2	902-903 F93	Iron	Number weeks/year
473	15	904-918 F93	Carotene	Name
474	2	919-920 F93	Carotene	Number tablets/caps per week
475	2	921-922 F93	Carotene	Number weeks/year
476	15	923-937 F93	Fishoil	Name
477	2	938-939 F93	Fishoil	Number tablets/caps per week
478	2	940-941 F93	Fishoil	Number weeks/year
479	15	942-956 F93	Other	Name
480	2	957-958 F93	Other	Number tablets/caps per week
481	2	959-960 F93	Other	Number weeks/year

Occupation Questions

482	1	961-961 F94	In the last year, have you worked as a secretary? (1=yes, 2=no)	
483	1	962-962 F94	...as a nurse? (1= yes, 2=no)	

484	1	963-963 F94in some other health care position? (1= yes, 2=no)
485	1	964-964 F94in business (selling/marketing)? (1=yes, 2= no)
486	1	965-965 F94as a teacher? (1=yes, 2= no)
487	1	966-966 F94as a cleaning person? (1=yes, 2=no)
488	1	967-967 F94other? (1=yes, 2= no)
489	1	968-968 F95	Currently, you: 1 = work at home? (if yes, goto F98) 2 = work part-time? 3 = work full time? 4 = are unemployed?
490	2	969-970 F95	If you work, how many hours per week?
491	1	971-971 F96	Characterize your job using the following code: (1= often, 2= sometimes, 3= seldom, 4= almost never) Does your job force you to work fast?
492	1	972-972 F96	Work is hard?
493	1	973-973 F96	Work is demanding?
494	1	974-974 F96	Do you have enough time to complete your tasks?
495	1	975-975 F96	Do you have conflicting demands?
496	1	976-976 F96	Do you learn much in the scope of your job?
497	1	977-977 F96	Do you have to do much organization? → <i>does your de</i>
498	1	978-978 F96	Do you have to be creative?
499	1	979-979 F96	Is the nature of your work repetitive?
500	1	980-980 F96	Do you have freedom to organize your time?
501	1	981-981 F96	Do you have freedom to choose what you do?
502	1	982-982 F97	Characterize your work environment using the following code: 1= strongly agree, 2= agree 3= disagree, 4= strongly disagree "There is a pleasant and calm atmosphere at work." "There is a good feeling of camaraderie." "My co-workers are helpful to me." "People are understanding if I have a bad day." "I have good relationships with my superiors." "I like interacting with my co-workers."
503	1	983-983 F97	
504	1	984-984 F97	
505	1	985-985 F97	
506	1	986-986 F97	
507	1	987-987 F97	
508	1	988-988 F98	For F98-F101: Characterize the type of people you know/come into contact with during a normal week, using the following code: (1= almost no-one, 2= 1-2 persons, 3= 3-5 persons, 4= 6-10 persons, 5= 11-15 persons, 6= 15+ persons) How many people do you know who share the same interests as you? (including people from work and those you meet in your spare time)
509	1	989-989 F99	How many do you meet and speak with? (not counting those who you only meet briefly and/or will not probably meet again.)
510	1	990-990 F100	How many can drop by your home anytime without warning? (For instance, neither you nor they mind if the house is messy, or if you are in the middle of a meal; do not include close relatives.)
511	1	991-991 F101	How many can you speak openly with?
512	1	992-992 F102	Can you turn to people when you are in trouble? (1=no, 2= yes)
513	3	993-995 F102	If yes, how many people can you turn to when you are in trouble?
514	3	996-998 F103	How many people can you ask for favors if necessary?
515	20	999-1018	Registration Number